

# Pediatric Pearls

A **VIRTUAL** Continuing Medical  
Education Series

## 2020-2021



- **Pediatric Pearls: Urology & Kidney** — November 6, 2020
- **Pediatric Pearls Winter** — February 17, 2021
- **Pediatric Pearls Spring** — April 20, 2021
- **Pediatric Pearls: Psychiatry in Primary Care** — May 20, 2021



Looking for other opportunities to earn CME? Visit [luriechildrens.org/cme](http://luriechildrens.org/cme) for a complete listing of our online CMEs as well as live and on-demand webinars which are always free of charge.

# 2020–2021 Pediatric Pearls **VIRTUAL** CME Series

*An innovative concept in Pediatric Continuing Medical Education*

## General Information

**Ann & Robert H. Lurie Children's Hospital of Chicago** is pleased to announce a new way to connect with our experts and earn CME credit from the safety and comfort from your home during these times that demand social distancing. Welcome to the 2020–2021 Virtual Pediatric Pearls Series.

Each of the four programs offer just under an entire day's worth of virtual education that will include evidence-based sessions, an opportunity for interactive Q&A, and offer timely medical updates most relevant to your practice and patients.

Each course will carry between 4.0 *AMA PRA Category 1 Credit(s)*™ to 4.5 *AMA PRA Category 1 Credit(s)*™.

Details about each full-day course, the presenters and registration information are included in this catalog as well as on our Web site at [www.luriechildrens.org/pearls](http://www.luriechildrens.org/pearls).

Don't miss this opportunity to earn CME credits, network with your colleagues and gain a wealth of practical information on cutting-edge pediatric health topics.

Information regarding the technology needed on your computer as well as an ability to test the system before the conference will be available a few weeks before each conference. Those details will be sent to you via email.

For questions or more information, call Stephanie at 312.227.7411 or e-mail [svcardona@luriechildrens.org](mailto:svcardona@luriechildrens.org) or Claudia at 312.227.7432 or email [cpinto@luriechildrens.org](mailto:cpinto@luriechildrens.org)

This program is sponsored by Northwestern University Feinberg School of Medicine and presented by the faculty of Lurie Children's.

### **Accreditation statement**

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **Designation statement**

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of XX *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

*Please refer to each program for the breakdown of CME hours.*

**To Register Online Visit: [luriechildrens.org/pearls](http://luriechildrens.org/pearls)**

## Pediatric Pearls Course Objectives, *continued*

### Pediatric Pearls Spring

- Describe the symptoms of PTSD in children and adolescents and common clinical presentations of youth with psychological trauma
- Compare trauma-informed medical care from more traditional practice
- Identify strategies that can be implemented to screen for psychological trauma in youth
- Identify which patients to screen for congenital cytomegalovirus infection, testing methods, and timing.
- Describe updates in congenital cytomegalovirus evaluation and treatment.
- Discuss what we know about neonates and young infants with SARS-CoV-2 infection.
- Recognize parechovirus has a cause of sepsis-like illness and CNS infections in young infants.
- Explain injury prevention strategies for pre-season conditioning and in-season training/competition
- Identify risk factors for heat illness and successful prevention strategies
- Provide recommendations for safe sports equipment
- Identify the most common pediatric overuse injuries and outline appropriate evaluation and treatment
- Discuss the field of Culinary Medicine
- Explain how nutrition knowledge and culinary skills can improve the health of doctors and their patients
- Characterize why patients are started on biologic therapies for the treatment of pediatric inflammatory bowel disease
- Identify complications of biologic therapies that may be seen in the primary care setting
- Advise families of health maintenance recommendations for patients on biologic therapies
- Plan an appropriate evaluation of a patient with suspected intestinal inflammation
- Identify mimickers of inflammatory bowel disease
- Identify patients who may need more urgent evaluation by a gastroenterologist.

### Pediatric Pearls: Psychiatry in Primary Care

- List the risk factors and early signs of bipolar disorder and schizophrenia in youth
- Differentiate between early bipolar disorder, early schizophrenia, and more common mental health disorders in youth
- Outline the benefits of early intervention in bipolar disorder and schizophrenia
- Discuss the causes of oppositional behavior in children and adolescent
- Explain the 5 tenets of positive parenting
- Describe the age of onset and course of the tic disorders
- Discuss the differences between tics and stereotypies
- Manage a patient and family with a new onset tic disorder
- Discuss prevalence rate of suicidal ideation, suicide attempts and suicide completion among youth
- Describe the pros and cons of currently available suicide screening tools for primary care settings
- Review successful implementation strategies in primary care
- Recognize risk factors for Conversion disorder (PNES).
- Discuss clinical care pathway for patients with conversion disorder in the pediatric inpatient setting.
- Outline multidisciplinary treatment approaches for pediatric Conversion disorder
- Discuss how childhood anxiety and depression commonly present in primary care settings
- Describe several evidence-based principles useful in guiding parents of children and adolescents with anxiety and depression.
- Incorporate those principles into concise anticipatory guidance and discussions of behavioral health problems with parents.

# Pediatric Pearls Spring

## AGENDA

Tuesday, April 20, 2021

*Register by: April 10, 2021*



This one-day symposium is designed for healthcare providers interested in learning about the latest pediatric treatments. The structure of this program remains the same with brief, practical hints, related to several subspecialty issues confronting you in your daily practice, some more complex than others. For this installment, we present lectures on infections in the newborn, food as medicine, post trauma stress syndrome in children, injury prevention in the young athlete, biologics in pediatric medicine, and IBD.

**XX AMA PRA CATEGORY 1 CREDIT(S)<sup>TM</sup>**

TIME	TOPIC/TITLE	SPEAKER
8 A.M.	<b>Welcome by Course Director</b>	Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP
8:15-8:45 A.M.	Infections in the Newborn	Leena Mithal, MD
8:45-8:55 A.M.	<b>Break</b>	
8:55-9:25 A.M.	Culinary Medicine	Lori Walsh, MD
9:25-9:35 A.M.	<b>Break</b>	
9:35-10:05 A.M.	Posttraumatic Stress Disorder in Children and Adolescents	Anthony Vesco, PhD & Megan Lerner, LCSW
10:05-10:20 A.M.	<b>Intermission</b>	
10:20-10:50 A.M.	Injury Prevention in the Adolescent Athlete	Sigrid Wolf, MD
10:50 -11 A.M.	<b>Break</b>	
11-11:30 A.M.	Overview of Biologics in Pediatrics—A GI focused approach	Jennifer Strople, MD
11:30 A.M.-NOON	<b>Lunch</b>	
NOON-12:45 P.M.	<b>Afternoon Breakout 1</b> Sports Medicine Cases	Sigrid Wolf, MD
NOON-12:45 P.M.	<b>Afternoon Breakout 2</b> ID calls from the Nursery	Leena Mithal, MD
NOON-12:45 P.M.	<b>Afternoon Breakout 3</b> IBD or Not IBD: The Real Deal and the Phonies	Jen Strople, MD
12:45- 12:50 P.M.	<b>Break</b>	
12:50-1:35 P.M.	<b>Afternoon Breakouts 1, 2 &amp; 3 — Repeat</b>	
1:35-1:45 P.M.	<b>Closing Remarks</b>	Ravi Jhaveri, MD, FIDSA, FPIDS, FAAP

# Pediatric Pearls: Psychiatry in Primary Care

## AGENDA

Thursday, May 20, 2021

*Register by: May 10, 2021*



This full-day conference should be attended by healthcare providers interested in learning more about several mental health topics relevant to our youth. Included will be topics on psychotherapy, suicide screening, bipolar depression and schizophrenia, Tourette syndrome, non-epileptic seizures and the fundamentals of parent training. Several longer sessions and expert panels will take a deep dive in these hot topics allowing ample time for discussion.

**XX AMA PRA CATEGORY 1 CREDIT(S)<sup>™</sup>**

TIME	TOPIC/TITLE	SPEAKER
8 A.M.	<b>Welcome by Course Director</b>	John Walkup, MD
8:15-9:00 A.M.	Guiding Parents of Anxious and Depressed Children	Susan Friedland, MD
9:00- 9:05 A.M.	<b>Break</b>	
9:05-9:50 A.M.	Fundamentals of Parent Training	John Walkup, MD
9:50-9:55 A.M.	<b>Break</b>	
9:55-10:40 A.M.	Suicide Screening & Management in the Office Practice	Aron Janssen, MD
10:40-10:55 A.M.	<b>Intermission</b>	
10:55-11:10 A.M.	Panel Discussion	Dr. Walkup, Dr. Friedland, Dr. Janssen
11:10-11:45 P.M.	<b>Lunch</b>	
11:45 A.M.- NOON	Early Detection—The Prodrome for Bipolar Disorder & Schizophrenia	Rachel Ballard, MD
NOON-12:05 P.M.	<b>Break</b>	
12:05 -12:50 P.M.	Tics and Stereotypies	John Walkup, MD
12:50-1:05 P.M.	<b>Intermission</b>	
1:05 -1:50 P.M.	Recognizing Conversion Disorder in Youth: Psychogenic Nonepileptic Seizures	Sigita Plioplys, MD
1:50-1:55 P.M.	<b>Break</b>	
1:55-2:10 P.M.	Panel Discussion	Dr. Walkup, Dr. Ballard, Dr. Plioplys
2:10-2:15 P.M.	<b>Break</b>	
2:15-2:30 P.M.	<b>Closing Remarks</b>	John Walkup, MD

***Where you need us,  
When you need us***



**With 13 outpatient service locations, 5 primary care locations and 14 partner hospitals, providing greater access to the best pediatric care has never been easier.**

The outpatient centers provide Lurie Children's high quality patient care with the same extraordinary experts in locations throughout Chicago and the suburbs.

**Surgical Services** are offered at the main hospital in Chicago as well as two outpatient center locations in Northbrook and Westchester and both offer MRI as well.

**Immediate Care Services** at Lurie Children's Outpatient Center in Northbrook and at Lurie Children's Outpatient Center in Lincoln Park. offers extended walk-in hours in the evenings, on weekends and during the holidays, providing parents that extra assurance that access to a pediatric specialists is not always downtown.

**Emergency Medicine** experts don't only see patients at the Chicago location, through a hospital partnership with Northwest Community Hospital and Northwestern Medicine Central DuPage Hospital, families have these pediatric emergency locations as an option

**Telemedicine Appointments** now available and offering your patients the ability to be seen virtually. A video visit will allow your patient to be seen by a Lurie Children's expert within minutes from the comfort of their home.

Don't forget about our free online Webinars available now and new topics coming early 2021.  
Available 24/7 and always FREE.  
**[luriechildrens.org/webinars](http://luriechildrens.org/webinars)**

**New Outpatient Center  
in Skokie Late November 2020**

# About the Presenters

## Please Note:

*All presenters are on staff at Lurie Children's and faculty members at Northwestern University Feinberg School of Medicine unless noted (\*) and are listed in order by conference name.*

### Pediatric Pearls: Urology & Kidney

#### Course Directors:

**Kavita Hodgkins, MD**  
Attending Physician, Nephrology;  
Assistant Professor of Nephrology

**Catherine Seager, MD**  
Attending Physician, Urology;  
Assistant Professor of Urology

#### Presenting Faculty:

**Diana Bowen, MD**  
Attending Physician, Urology;  
Assistant Professor of Urology

**Earl Cheng, MD**  
Division Head, Urology; Co-head  
Reconstructive Pediatric Urology;  
Founders' Board Chair in Urology;  
Professor of Urology

**David Chu, MD**  
Attending Physician, Urology;  
Assistant Professor of Urology

**Edward Gong, MD**  
Co-Director, Fetal Urology, The  
Chicago Institute for Fetal Health;  
Attending Physician, Urology;  
Assistant Professor of Urology

**Emilie Johnson, MD, MPH**  
Attending Physician, Urology;  
Assistant Professor of Urology

**Bruce Lindgren, MD**  
Director, Minimally Invasive Urological  
Surgery; Attending Physician, Urology;  
Associate Professor of Urology

**Dennis Liu, MD**  
Attending Physician, Urology;  
Assistant Professor of Urology

**Max Maizels, MD**  
Attending Physician, Urology;  
Professor of Urology

**Derek Matoka, MD**  
Attending Physician, Urology;  
Associate Professor of Urology

**Hope F. McGowan, APRN-NP\***  
Pediatric Nurse Practitioner, Urology

**Delphine Nelson, MD, MHS**  
Attending Physician, Nephrology;  
Assistant Professor of Pediatrics  
(Nephrology)

**Reumah Ravoori, MMS, PA-C\***  
Physician Assistant, Urology

**Priya Vergheese, MD, MPH**  
Division Head, Nephrology;  
Isaac A. Abt. Professor of Nephrology

### Pediatric Pearls: Winter

#### Course Director:

**Ravi Jhaveri, MD**  
Physician Director, CME; Associate  
Division Head, Infectious Diseases;  
Professor of Pediatrics,  
Infectious Diseases

#### Presenting Faculty:

**Cheri P. Dhar, MD**  
Attending Physician, Adolescent  
and Young Adult Medicine;  
Assistant Professor of Pediatrics  
(Adolescent Medicine)

**Caren Mangarelli, MD**  
Attending Physician, Academic  
Pediatrics and Primary Care;  
Assistant Professor of Pediatrics  
(Academic General Pediatrics and  
Primary Care)

**Preethi Raghupatruni, MD**  
Attending Physician, Academic  
Pediatrics and Primary Care;  
Instructor of Pediatrics (Academic  
General Pediatrics and Primary Care)

**Maria Rahmandar, MD**  
Director, Substance Use Program,  
Attending Physician, Adolescent  
and Young Adult Medicine;  
Assistant Professor of Pediatrics,  
Adolescent Medicine

**Laura Torchen, MD**  
Attending Physician, Endocrinology;  
Assistant Professor of Pediatrics  
(Endocrinology)

**Irina Trosman, MD**  
Attending Physician, Sleep Medicine;  
Health System Clinician of Pediatrics  
(Pulmonary Medicine)

### Pediatric Pearls: Spring

#### Course Director:

**Ravi Jhaveri, MD**  
See titles under Winter

#### Presenting Faculty:

**Megan Lerner, LCSW \***  
Clinical Coordinator of the Trauma  
Treatment Service; Senior Social Worker;  
Pritzker Department of Psychiatry and  
Behavioral Health

**Leena Mithal, MD**  
Attending Physician, Infectious Diseases;  
Assistant Professor of Pediatrics  
(Infectious Diseases)

**Jennifer Strople, MD**  
Attending Physician, Gastroenterology,  
Hepatology, Nutrition;  
Associate Professor of Pediatrics

**Anthony Vesco, PhD**  
Attending Clinical Psychologist,  
Pritzker Department of Psychiatry  
and Behavioral Health;  
Assistant Professor, Psychiatry  
and Behavioral Sciences

**Lori Walsh, MD**  
Pediatrician; Clinical Assistant Professor  
of Pediatrics, Community Based Primary  
Care; Assistant Educator, Osher Center  
in Culinary Medicine.

**Sigrid Wolf, MD**  
Attending Physician, Pediatric  
Sports Medicine;  
Assistant Professor of Pediatrics

### Pediatric Pearls: Psychiatry in Primary Care

#### Course Director:

**John Walkup, MD**  
Department Head, Pritzker Department  
of Psychiatry and Behavioral Health  
Margaret C. Osterman Professor in  
Child and Adolescent Psychiatry;  
Professor of Psychiatry and  
Behavioral Sciences

#### Presenting Faculty:

**Rachel Ballard, MD**  
Attending Physician, Pritzker Department  
of Psychiatry and Behavioral Health;  
Associate Professor of Psychiatry and  
Behavioral Sciences

**Susan Friedland, MD**  
Child Psychiatrist at Lurie Children's  
Primary Care;  
Adjunct Assistant Professor of  
Psychiatry and Behavioral Sciences

**Aron Janssen, MD**  
Attending Physician,  
Pritzker Department of Psychiatry  
and Behavioral Health;  
Associate Professor of Psychiatry  
and Behavioral Sciences

**Sigita Plioplys, MD**  
Head, Pediatric Neuropsychiatry  
Program, Pritzker Department of  
Psychiatry and Behavioral Health;  
Professor of Psychiatry and  
Behavioral Sciences



## REGISTRATION (preferred method online at [luriechildrens.org/pearls](http://luriechildrens.org/pearls))

PRICE	MDS, DOS, PHDS, APNS	CIN AND CCPA MEMBERS, FELLOWS, RNS, OTHER HEALTHCARE PROFESSIONALS, HOSPITAL EMPLOYEES	RESIDENTS, MEDICAL STUDENTS	QUANTITY	SUBTOTAL
<input type="checkbox"/> Pediatric Pearls: Urology & Kidney 2020	\$95	\$85	\$75		\$
<input type="checkbox"/> Pediatric Pearls Winter 2021	\$95	\$85	\$75		\$
<input type="checkbox"/> Pediatric Pearls Spring 2021	\$95	\$85	\$75		\$
<input type="checkbox"/> Pediatric Pearls: Psychiatry in Primary Care 2021	\$95	\$85	\$75		\$
<b>Total Cost</b>					<b>\$</b>

Registration is due approximately 10 days prior to each course and is non-refundable.

## ATTENDEE INFORMATION

Degree: ☐ MD ☐ PhD ☐ DO ☐ APN ☐ RN Other: \_\_\_\_\_

I am a: ☐ CCPA Member ☐ Fellow/Resident ☐ Student

☐ Lurie Children's Employee (Physician, nurse, clinician)

Other: \_\_\_\_\_

Name \_\_\_\_\_

Address 1 \_\_\_\_\_

Address 2 \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Fax number (Please do not include credit card # if sending fax; Please follow up with a phone call.) \_\_\_\_\_

Practice/Organization name \_\_\_\_\_

**E-mail (You must provide an e-mail address for a confirmation.)**

## METHOD OF PAYMENT

Please charge my

☐ Master Card ☐ Discover ☐ Visa ☐ American Express

☐ I have enclosed my check or money order payable to Ann & Robert H. Lurie Children's Hospital of Chicago.

☐ I am mailing this postage-paid card separately and will call in with my payment information.

*Please use an envelope to hold your check and other banking information.*

Account number \_\_\_\_\_ Exp. date \_\_\_\_\_ Three-digit security code \_\_\_\_\_

Name as it appears on card \_\_\_\_\_

Signature \_\_\_\_\_

## BREAKOUT SESSIONS

Following the morning lectures, participants will attend two smaller workshops called Breakout Sessions. Please rank in order your top three choices. We will try to accommodate your first two choices but please note that space is limited and is filled on a first-come, first-served basis.

### Pediatric Pearls: Urology & Kidney

- \_\_\_\_\_ **A.** Ask an Expert Pediatric Urologist  
 \_\_\_\_\_ **B.** Urine Woes: Solutions to Bladder Issues  
 \_\_\_\_\_ **C.** The 411 on The Child with Hematuria/Proteinuria

### Pediatric Pearls Winter

- \_\_\_\_\_ **A.** Substance Use Cases  
 \_\_\_\_\_ **B.** Obesity Cases  
 \_\_\_\_\_ **C.** Choosing the Right Contraceptive Cases

### Pediatric Pearls Spring

- \_\_\_\_\_ **A.** Sports Medicine Cases  
 \_\_\_\_\_ **B.** ID Calls from the Nursery  
 \_\_\_\_\_ **C.** IBD or Not IBD: The Real Deal and the Phonies

**No Breakouts for Pediatric Pearls: Psychiatry in Primary Care**

**To Register Online Visit:**  
[luriechildrens.org/pearls](http://luriechildrens.org/pearls)

Only mail in, online registration or phone call. Faxing registrations has been discontinued.

Online payment and registration: [luriechildrens.org/pearls](http://luriechildrens.org/pearls)

To call in your registration and pay via phone:  
 Call Stephanie Cardona or Claudia Cooper **312.227.7411**  
 or **312.227.7432**

To mail your registration with payment:

**Attn: Marketing Department; Box 87**  
**C/O Pediatric Pearls CME**  
**Lurie Children's**  
**225 E. Chicago Ave.**  
**Chicago, IL 60611**